

## 2024 Mayo Clinic Alumni Association (MCAA) International Program

Thursday, June 27 – Saturday, June 29, 2024

Britannia Hotel

Trondheim, Norway

### CME Course Co-Directors:

Elizabeth Cozine, M.D. (MED '11, FM '14), Department of Family Medicine Mayo Clinic in Rochester

Atul Jain, M.D. (GIM '14), Division of General Internal Medicine, Mayo Clinic in Arizona

Time	Session Topic/Title or Activity
	Thursday, June 27, 2024
5:30~9 p.m.	Welcome Dinner for faculty, attendees and guests Palmehaven Restaurant
	Friday, June 28, 2024 Britannia Hall, Britannia Hotel, Trondheim, Norway
8 a.m.	<b>Welcome</b> Elizabeth Cozine, M.D. (MED '11, FM '14), Department of Family Medicine Mayo Clinic in Rochester and Atul Jain, M.D. (GIM '14), Division of General Internal Medicine, Mayo Clinic in Arizona, Course Co-Directors
8-8:30 a.m.	<b>Transitioning to Practice: Lessons Learned as Young Neurosurgeon</b> Selby Chen, M.D. (PRES '09, NS '15) Department of Neurologic Surgery, Mayo Clinic Florida
8:30-9 a.m.	<b>Advances in Ischemic Stroke Therapy</b> Dr. Jorn Sieb (External Alumnus, Stralsund, Germany) Joern Sieb, M.D. (N '93), Department of Neurology, Helios Hansekllinikum, Stralsund, Germany
9-9:30 a.m.	<b>Mayo Clinic and Occupational Medicine</b> Clayton Cowl, M.D. (THDC '00), Division of Preventive, Occupational and Aerospace Medicine, Mayo Clinic in Rochester
9:30-10 a.m.	<b>Health Inequities in Chronic Kidney Disease</b> Ivan Porter, II, M.D. (I '11, CMR '12, NEPH '14), Division of Nephrology, Mayo Clinic in Florida
10 a.m.	BREAK
10:15-10:45 a.m.	<b>Medical Expert Knowledge Meets AI: Opportunities in the Use of AI in the Diagnosis of Rare Diseases</b> Annette Wagner, M.D. (RHEU '93), Medizinische Hochschule Hannover, Hannover, Germany
10:45-11:15 a.m.	<b>Innovations in Gastroenterology: Artificial Intelligence and Beyond</b> Darrell Pardi, M.D. (GI '98, CTSA '09), chair, Division of Gastroenterology and Hepatology, Mayo Clinic in Rochester
11:15-11:45 p.m.	<b>Innovations in Obesity Care</b> Matthew Clark, Ph.D. (P '98), Department of Psychiatry and Psychology, the David H. Murdock-Dole Food Company Professor of Nutrition, Mayo Clinic in Rochester
11:45-12:15 p.m.	<b>Practical Tips for Building Resilience and Well-Being</b> Anjali Bhagra, M.D. (I1 '05, I '08) medical director, Mayo Clinic Office of Equity, Inclusion and Diversity, Mayo Clinic Rochester
12:15-1 p.m.	<b>The What, How and Why of Health and Wellness Coaching: Practice Improvement for Your Patients and Yourself</b> Michael Hayden, M.D. (GIM '22) Division of General Internal Medicine, Mayo Clinic in Arizona

1 p.m.	<b>LUNCH</b> Palmehaven
Following lunch	<b>Mayo Alumni German Speaking Chapter meets in Britannia Hall</b>
	Afternoon Break for ~20 people

6 p.m.	<b>Dinner at To Rom og Kjøkken</b> Carl Johans gt 5, 7010 Trondheim A 5-minute walk from the Britannia Hotel	<b>Ticket Required</b>
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**Saturday, Sep. 17, 2022**

Time	Session Topic/Title or Activity
	Saturday, June 29, 2024
7:45-8 a.m.	<b>Mayo Clinic Academic Solutions Information and Opportunities</b> <i>Informational presentation</i> Lois Krahn, M.D. (MED '89, P '93, PCON '94), Mayo Clinic in Arizona
8-8:30 a.m.	<b>A Brief History of Cancer</b> Thomas Smith, M.D. (MED '83), Littleton, Colorado
8:30-9 a.m.	<b>From Science Fiction to Reality – The Future of Prehospital Acute Care Medicine</b> Christopher Russi, D.O. (EM '07), Department of Emergency Medicine, Mayo Clinic in Rochester
9-9:30 a.m.	<b>Women, Mood and Hormones and the Life Cycle</b> Neeta Jain, M.D. (P'14), Division of Adult Psychiatry, Mayo Clinic in Arizona
9:30-10 a.m.	<b>Women's Health and GI Disorders</b> Dr. Iris Wang (Mayo Clinic Rochester) Iris Wang, M.D. (GI '20), Division of Gastroenterology and Hepatology, Mayo Clinic in Rochester
10 a.m.	BREAK
10:15-10:45 a.m.	<b>The Mayo Clinic Opioid Experience</b> Benjamin Lai, M.B., B.Ch., B.A.O. (FM '15), Department of Family Medicine, chair, Mayo Clinic Opioid Stewardship Program, Mayo Clinic in Rochester
10:45-11:15 a.m.	<b>How to Reduce an Idea to Application: a View From the Trenches</b> Jan Stepanek, M.D. (I '97, CMR '98), Division of General Internal Medicine, Mayo Clinic in Arizona
11:15 a.m.-11:45 p.m.	<b>Comprehensive, Expedited Evaluation of the Undiagnosed Mass</b> Steven Ressler, M.D. (GIM '02), chair, Division of General Internal Medicine, Mayo Clinic in Arizona
11:45-12:30 p.m.	<b>Full Circle: Mayo Student to Mentor to Mayo Mentee</b> Carl Backer, M.D. (MED '80), chief, Section of Pediatric Cardiothoracic Surgery, UK Healthcare Kentucky Children's Hospital, Lexington, Kentucky and Elizabeth Stephens, M.D., Ph.D. (CS '19), Department of Cardiovascular Surgery, Mayo Clinic in Rochester
	<b>CME Program concludes</b>
12:30-1:30 p.m.	<b>LUNCH</b> Palmehaven

6 p.m.	<b>Dinner at the Archbishop's Palace</b> Kongsgårdsgata 1B, 7013 Trondheim A 15-minute walk from the Britannia Hotel	<b>Ticket Required</b>
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